

Local Information Events – Community Health and Well-being Hubs

Are you

- a community/voluntary/3rd sector organization / group?
- interested in improving the health and well-being of people living in local communities?
- keen to support individuals to take responsibility for their own health and well-being with support from a health trainer/coach?
- willing to signpost to / develop structured health and well-being programmes aimed at reducing the prevalence of chronic/long term conditions?
- willing to be part of a larger network of Community Health and Well-being Hubs across the border region of Ireland/Northern Ireland and Western Scotland?*

**Note: List of Hub areas in Ireland/Northern Ireland listed on next page*

If your answer is yes then come along to one of our Local Information Events listed below:

Local Information Events (See Booking Form on next page)

- **Mon 19 June 2017**
- 2.30pm to 4.30pm
- LYIT, Port Road, Letterkenny, Co Donegal

Letterkenny
(Letterkenny/North Donegal Hub)

- **Tues 20 June 2017**
- 11am to 1pm
- Lakeside Centre, Ballyshannon, Co. Donegal

Ballyshannon
(Ballyshannon / South Donegal Hub)

- **Mon 26 June 2017**
- 7pm to 9pm
- The Peace Link Sports Facility, Clones, Co. Monaghan

Monaghan
(Cavan / Monaghan Hub)

- **Thurs 22 June 2017**
- 2pm to 4pm
- The Aisling Centre, Darling Street, Enniskillen, Co Fermanagh

Enniskillen
(Enniskillen / West Fermanagh Hub)

- **Mon 19 June 2017**
- 10am to 12pm
- Strabane Enterprise Agency, Orchard Road Industrial Estate, Strabane, Co Tyrone

Strabane
(Strabane / Derry Hub)

- **Wed 21 June 2017**
- 10am to 12pm
- The Junction, Beechvalley Way, Dungannon, Co Tyrone

Dungannon
(Armagh / Dungannon Hub)

Booking Form

Please complete your details below and return via email to fiona.lafferty@westerntrust.hscni.net
(Tel: 00 44 (0)28 71272100)

Name: _____

Organisation: _____

Address: _____

Tel: _____ Email: _____

Please indicate below which event you are attending (tick box)

Letterkenny Mon 19 June	<input type="checkbox"/>
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Ballyshannon Tues 20 June	<input type="checkbox"/>
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Monaghan Mon 26 June	<input type="checkbox"/>
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Enniskillen Thurs 22 June	<input type="checkbox"/>
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Strabane Mon 19 June	<input type="checkbox"/>
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Dungannon Wed 21 June	<input type="checkbox"/>
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Do you have any of the following requirements (i.e. interpreter (ISL / BSL), designated parking, access, etc.?)

If yes, please specify:

Please return by Wed 14 June 2017 to: fiona.lafferty@westerntrust.hscni.net