

# CAWT IN ACTION

Issue 16

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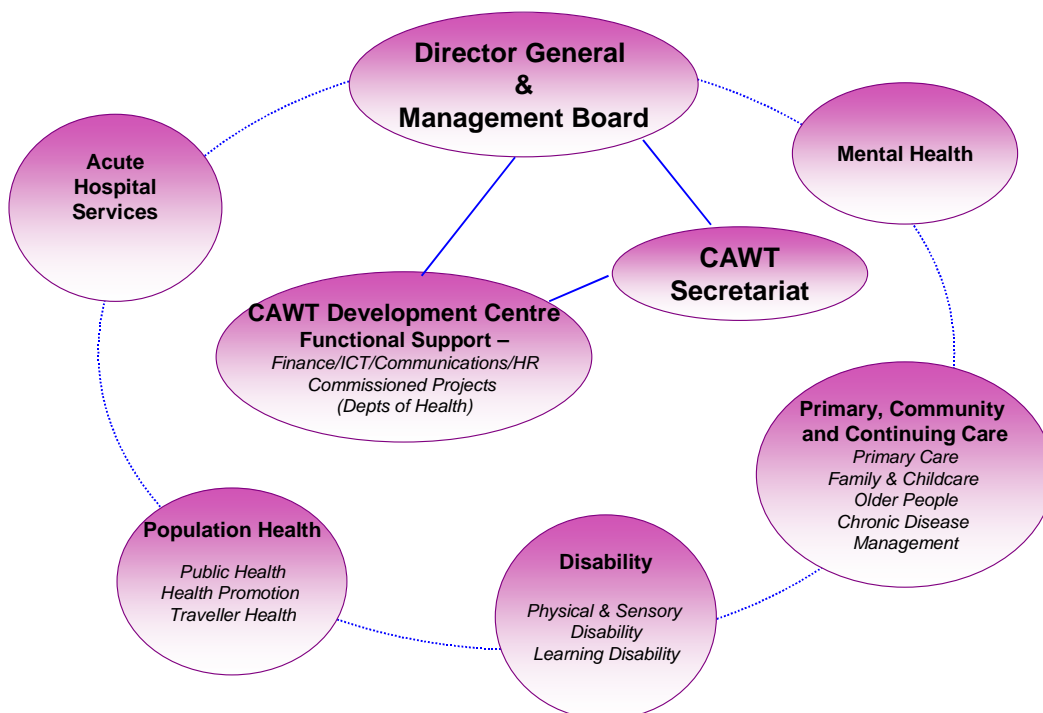
## CAWT Sub Group Structures and EU Funding

We continue to consult with our cross border sub groups to agree the structures that can best support the delivery of CAWT's future business plan, and also to begin the process of developing cross border projects for submission to the next round of EU funding. The April workshop in Derry allowed us to update our sub group members on the recommendations of the Management Board in relation to the new structures. Based on the discussions and feedback, these structures have now been further refined and were presented at a second workshop in June in Donegal. There was further debate on the membership composition and nomination process to the new sub groups and the likely requirements for accessing future European Union funding for cross border health and social care activity.

Precise guidance on EU funding has yet to be issued but we are aware that both Departments of Health are keen to encourage large scale cross border health and social care projects which directly impact on patient and client care. In the meantime we are encouraging the new sub groups to meet as soon as possible in order to begin the process of developing cross border projects, which can be submitted to the CAWT Development Centre from September onwards. Staff from the Centre will continue to work alongside the new sub groups to support this process. Though not officially confirmed it is likely that the Special EU Programmes Body (SEUPB) will be seeking its first formal funding applications for EU INTERREG IV in the autumn of 2007. We will keep you updated.

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### New Sub Group Structure



## Protection of Vulnerable Adults

This project continues its work of increasing the knowledge and skills within learning disability services, on the issues associated with adult protection. So far 134 people from across the CAWT border region have attended 'Train the Trainers' sessions designed to increase service user understanding of relationships and personal safety, as well as training service managers about the weaknesses that can lead to abusive service practice.



Vulnerable Adults 'Train the Trainer' session in Navan, Co. Meath

Project Manager, Bernie Gibbins is organising a 2 day cross border summer school on the 18 and 19 September 2007 for 100 participants from across the project area, to share best practice and further develop protection skills in a variety of agencies. To coincide with the publication of the report for the cross border conference last December, the project has commissioned a production from the Lilliput Theatre Company from Derry, which describes how it feels to be a victim of institutional abuse. The Company is comprised of people with learning disabilities and is sponsored by the Western Health and Social Care Trust.

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## Type 2 Diabetes



L-R: Edel O'Doherty, CAWT; Kate Mulvenna, HSE; Trevor Hunter, CAWT Type 2 Diabetes Project; Anne McCready, McCready, Donnelly, Lowry; Joe Brogan, WHSSB and Deirdre Tunney, SHSSB

The 'Health Promotion and Care of Patients with Type 2 Diabetes' community pharmacy project concluded with a successful launch of the evaluation report in Enniskillen on 6 June 07. The main activities undertaken by the project included identification by pharmacists of people with Type 2 diabetes followed by determination of individual needs and patient monitoring. Furthermore a health promotion campaign was co-ordinated through local pharmacies, which included specially produced promotional materials with the availability of screening within the pharmacy premises. In general the evaluation was very positive with many of the pharmacists commenting that their contribution to the management of Type 2 diabetes has been enhanced. In addition the project has enabled patients to appreciate that the pharmacist's role can go beyond dispensing.

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## Action Learning

The Cross Border Action Learning programme for senior health and social care service managers commenced in February 2007. Participants have been developing individual cross border projects, with assistance from action learning support networks comprising senior managers from both jurisdictions.

The programme's first *Themed Workshop* took place on 25<sup>th</sup> April where the CAWT cross border GP Out of Hours and Mobility projects were presented as case studies. The



Kate Courtenay and Stephen Powell from the Southern Health and Social Care Trust

central theme of the day was influencing skills and critical success factors for cross border project management. A second themed workshop is scheduled for September 2007 and Action Learning support networks will continue to meet to contribute to individual project development. The programme will run until January 2008.

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## TISO

Over the past year the 'Therapeutic Interventions for Sex Offenders' (TISO) project has been engaged in research and training activities. In March a training seminar was provided to those involved in the TISO project and associated staff from the Psychosexual Service (WHSCT) & Cosc and Regional Counselling Services staff (HSE West) on "Attachment & Sexual Offending" facilitated by Dr Phil Rich, Clinical Director, Stetson School, Massachusetts, USA. In April a two-day cross border event was attended by delegates from TISO, Cosc, Programme for the Prevention of Sexual Abuse (PPSA), the Prison Services, Probation Services and the Granada Institute (Dublin). The conference theme, 'The Dynamic Risk Assessment of Sex Offenders', was delivered by one of the authors of the tool, Dr Andrew Harris from the Forensic Assessment Unit, Ontario, Canada.



Dr Gary O'Reilly, UCD; Paul Murphy, Irish Prison Service; Martin Cartin, Western Health & Social Care Trust. Dr Andrew Harris, Correctional Services, Canada; Paul Quinn, Western Health & Social Care Trust; Olive Travers and Jon Stack, HSE West.

The TISO project is not only working towards an internal objective of achieving consistency regarding standardisation of risk assessment between PPSA and Cosc, but provides the opportunity for all services on the island of Ireland who undertake risk assessment and treatment of sex offenders to link with the TISO project. This will promote the possibility of a common assessment tool being used throughout Ireland on an inter-agency and cross border basis.

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## Health Inequalities in the border region

The Health Inequalities project in the CAWT border region aims to bring people together around their

common interest of improving the health experience of people who have a health disadvantage. Rather than establishing separate structures, this project is about collaborating with existing experts and supporting them in tackling health inequalities strategically in the border region. There are two work streams underway to support this:

- **The database**, which is a local resource that people can use to see what else is going on and contribute their own projects or initiatives so that others can learn from them. This can be accessed at the CAWT website at [www.cawt.com](http://www.cawt.com)
- **The health profile of the CAWT region**, which will focus particularly on health inequalities. It will include information from a wide variety of sources and will be a comprehensive evidence base to help people to target initiatives in the future. This will be published later in the autumn.

A number of other tasks are planned for later in the year / early 2008 including an organisational survey, a conference and a workshop series.

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## Cross Border Renal Project

Work continues at the six hospital sites involved in the Cross Border Renal Project. The participating hospitals are Cavan, Sligo and Letterkenny General Hospitals along with the Altnagelvin Group of Hospitals in Derry, Tyrone County Hospital and Daisy Hill Hospital in Newry.

The Phase 1 Audit is now complete and this provides data that will assist in planning and managing service provision. There is now a proposal under consideration to develop a cross border integrated collaborative dialysis access service in order to meet Renal Association Standards for patients needing treatment for End Stage Kidney Disease. This will result in improvement in the quality of dialysis provision and enhancement of health generally within the CAWT region. Phase 2 audit has now commenced and will provide clinical data for comparison and also to support ongoing clinical audit.

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## Food Allergy Training programme

Food allergy is a growing problem for the health services with 1-2 % of adults and 5-8% of children suffering from this condition. The majority of allergy related deaths are as a direct result of the consumption of commercially produced foods and yet caterers often have little or no knowledge of the seriousness of an allergic reaction.

In Feb 2007 a 1-day cross border conference highlighted research which found that staff in food businesses including sandwich bars, cafes, supermarkets etc were unable to give allergy sufferers accurate advice about the food they were ordering. Since then a series of 7 workshops have been held in the CAWT region to equip Environmental Health Officers with the knowledge and resources to cascade to the catering trade during routine inspections. It is hoped that this project will make dining out a lot less like Russian Roulette for those unfortunate enough to suffer from this difficult condition.



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## Cross Border GP Out of Hours pilot

Phase I of the cross border GP Out of Hours pilot project, launched earlier in 2007 is now working well for those patients from border areas in Inishowen, Co Donegal who choose to avail of the GP Out of Hours Service (Western Urgent Care) in Derry.



Planning for Phase II is well underway to have a reciprocal service available from Northern Ireland to the Republic of Ireland. This will enable patients from border areas of South Armagh in Northern Ireland to access GP Out of Hours services in the NEDOC centre in Castleblayney, Co. Monaghan. Current plans are for this pilot service to be launched by Sept '07.

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## CAWT PEACE II PROJECTS

## Certificate in Cognitive Therapy methods

February 2007 saw the successful launch of the first of three eighteen-day certificate courses in Cognitive Therapy methods. The training was attended by a wide range of front line mental health professionals from both sides of the border with the statutory, voluntary and community sector represented. The second certificate course will be held in Sligo and begins in September 2007.

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## News and Events

[www.cawt.com/events/news](http://www.cawt.com/events/news)

**Summer School: 'Protection of Vulnerable Adults'**  
18 and 19 September 2007 in the Hillgrove Hotel, Monaghan

To inform and develop best practice in the issues associated with the effective protection of adults with learning/intellectual disabilities.

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**Launch: Contenance Awareness and Support project resources folder: 20 Sept 2007 in Lifford**  
To launch the resources folder produced as part of the project.

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**Conference: 'Steering to Safety' - Road Safety**  
10 October 2007 in the Dundalk region

To share experiences of road safety issues from both a national and EU perspective.

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## Next issue of CAWT in Action – Oct '07

If you have any news, events or items of interest for future editions of *CAWT in Action*, then please contact the CAWT Development Centre:

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