

CAWT IN ACTION

Issue 17

www.cawt.com

Nov 2007

INTERREG IV funding process

Thank you to all those who have supported the process to date in developing the portfolio of large scale cross border projects to go forward for consideration for EU INTERREG IV funding. This has been an intensive process involving three separate workshops over past months, along with numerous teleconferences and planning meetings in between!

We are very grateful for the hard work and commitment demonstrated by all members of the newly formed strategic sub groups. The CAWT Management Board, Secretariat and Development Centre have been greatly impressed by the creativity and focus shown in developing the projects, which will in time, bring real benefits to our border populations.

The CAWT Secretariat met on 26th Oct to consider those INTERREG IV proposals presented by the strategic sub groups at the 17 September workshop in Newry. Projects have now been prioritised to go forward to the next stage, which is the presentation of the Business Plan to both Departments of Health. Once feedback has been received the next stage will involve a formal submission of the projects to SEUPB - EU INTERREG IV Steering Committee. It is anticipated this is likely to be early in the New Year and we will keep you updated on developments.

Contact: Bernie McCrory, T + 44 (0) 28 7127 2100
E bernie.mccrory@westhealth.n.i.nhs.uk

Cross Border GP Out of Hours pilot



"Another important milestone has been reached for the cross border GP Out of Hours pilot project" according to Project Chair, Miceal Crilly from



Launching the pilot cross border GP Out of Hours service (l to r): Colm Donaghy, SHSCT / CAWT; Dr Larry Moran, NEDOC and Monica Curran, SEUPB

the Southern Health and Social Care Trust (SHSCT). Miceal and the cross border Project Team have been working steadily to ensure all systems are in place and are delighted that as of 26 Nov 07 people living in the SHSCT areas of Crossmaglen, Creggan, Silverbridge, Newtownhamilton, Carrigatuke, Keady, Kileen, Derrynoose, Milford and Killylea can now avail of GP Out of Hours services in the NEDOC Out of Hours centre in Castleblayney in Co. Monaghan

An information leaflet has been mailed to 19,000 households and advertisements have been placed in all local newspapers to inform people in the pilot area that should they require a GP urgently outside of normal surgery hours, they can now choose the NEDOC service in Castleblayney. Of course, patients in South Armagh can still decide to attend their local Southern Area Urgent Care Services and this should be their first port of call for accessing the NEDOC service.

Health Minister, Michael McGimpsey said: "I welcome the launch of this cross border GP Out of Hours pilot. The Out of Hours pilots are a good example of effective cross-border co-operation enabling patients to obtain a valuable service closer to their home."

Contact: Edel O'Doherty T + 44 (0) 28 7127 2100
E edel.odoherty@westhealth.n.i.nhs.uk

Protecting Vulnerable Adults

The 'Protection of Vulnerable Adults' project has been identifying best practice from across the island of Ireland and elsewhere, and is supporting its application both North and South.



To coincide with the launch of the project's report in Monaghan, 150 people recently had the privilege of viewing, Lilliput Theatre Company's specially commissioned production 'Where is Achilles?' Lilliput is the first theatre group on this island for adults with disabilities. Their powerful performance was a moving, and also a challenging experience, which highlighted the importance of effective protection from abuse for adults with learning / intellectual disabilities.



The project's 2-day Summer School kicked off on the same day with 100 people attending from the health and social care services on both sides of the border, and also the PSNI and Gardai. Best practice examples were provided in relation to such topics as parents with learning disabilities, sexuality, interviewing people with communication difficulties and joint protocol in investigation. Evaluations from the event were positive with such comments as:

"good to have the chance to share thoughts and information with colleagues from other areas"

"there is a need for policing and social care services to develop greater working relationships in this area"

Contact: Bernie Gibbins T + 44 (0) 28 7186 0616 ext 8591 E Bernie.gibbins@westhealth.n-i.nhs.uk

Steering to Safety

Young males aged between 17 and 24 years are almost six times more likely to be responsible for fatal and serious injury collisions, where excessive speed is cited as a contributory factor. Steering to Safety's

recent conference brought together a range of experts to focus on young drivers specifically and to consider what can be done to improve our road traffic accident statistics in relation to young people.

Among the high calibre speakers were Prof. Jim Horne, Director of the Sleep Centre in Loughborough University who outlined the Centre's work on sleep related vehicle crashes. Prof. Frank McKenna from Reading University focused on why people speed and emphasised that people are not paying enough attention to their speed when driving. He also encouraged parents to use their influence with teenagers to encourage responsible driving at an early stage.



Speakers at the Dundalk Steering to Safety Conference (l to r): Stanley Duncan, Dir. of Road Safety, DOE; Brigitte Falk, Dept. of Psychology, Stockholm University; Prof Jim Horne, Dir, Sleep Centre, Loughborough University; Prof. Oliver Carston, Institute of Transport Studies, Leeds University; Prof. Steve Stradling, Transport Research Institute, Napier University; Prof Frank McKenna, Reading University; Nazih Eldin, Health Promotion Manager, HSE DNE; Noel Brett, CEO, Road Safety Authority and Prof. Ray Fuller, Trinity College Dublin

Speed awareness training, a graduated driving licence system for newly qualified drivers and more parental intervention were just some of the actions recommended to help reduce adolescent traffic accident rates.

On 20 October Steering to Safety piloted the 'European Night Without Accident' campaign in the border region as part of a Europe-wide initiative across 15 countries on the same night. The campaign is aimed at reinforcing the message to young people about safe driving and that driving and alcohol and / or drugs do not mix. A report from this campaign will be available shortly.

Contact: Maggie Martin T + 353 (0) 41 6860716 E maggie.martin@maile.hse.ie

Health Inequalities

Mary Haughey has recently taken over as Project Manager for the CAWT Health Inequalities project. Mary is on secondment from the Community Development Unit, Southern Health and Social Care Trust, until September 2008. Prior to this, she worked in the voluntary sector as a Community Development Co-ordinator and a Basic Skills Tutor for long-term unemployed men.



Key aspects of this two year CAWT project, which is in its last year, includes the production and dissemination of a second CAWT health profile, development of an electronic health inequality database to share information and promote good practice, and engagement with a wide range of stakeholders to develop a multi-sectoral approach to reducing health inequalities in the CAWT region.

Contact: Mary Haughey T: + 44 (0) 28 3741 2499
E mary.haughey@shssb.n-i.nhs.uk

Continence Awareness and Support



"I congratulate CAWT for collaborating on a cross border basis to develop this cross border continence resource pack, which will make it easier for people to access services and products in the border region. Support is available but the research shows that people are often unwilling or too embarrassed to seek professional help when it comes to continence issues. This excellent resource provides a signpost to services and will ultimately help to improve the quality of life for many people" commented Dr. Jimmy Devins, T.D. Minister of State at the Department of Health and Children, at the recent launch of the Continence Awareness and Support Project (CASP)

The resource pack, which was produced as part of the CASP Project, hopes to help break down the barriers associated with continence issues and also aims to

highlight the support that is available in the North West. The resources pack has been widely disseminated across the project area. Copies can be obtained by contacting the Project Manager, Mary Murphy.



Mary Murphy, CAWT Project Manager; Brendan Duffy, Community Services Manager, WHSCT; Frances McGinley, Continence Advisor, HSE West; Brian Buckley, Chairman, Incontact; Josephine Tinneny, Continence Advisor, MS Society, Dr Jimmy Devins, T.D. Minister of State at the Department of Health and Children, Edith Mullin, Service Manager, HSE West; Denise Curran, Physical & Sensory Disability Manager, HSE West, Janice Reid, Acting Continence Manager, WHSCT and Sarah McCrystal, Continence Advisor. WHSCT.

Contact: Mary Murphy, Tel + 44 (0)28 6634 7710
E mary.murphy@westerntrust.hscni.net

Positive cross border pilot ENT evaluation

The cross border pilot Ear, Nose and Throat (ENT) service was developed and delivered from April 06 to March 07. The evaluation has shown that the pilot has resulted in significant reduction in ENT waiting times and lists for the catchment populations of Letterkenny General and Altnagelvin Area Hospitals. Over the project timeframe almost 1,000 extra first ENT outpatient appointments were delivered for patients on Letterkenny waiting lists. Altnagelvin had a reduction in ENT waiting lists from 1,973 to 718 over the same period.

Feedback from recipients has been positive with patients appreciating the opportunity to avail of an earlier ENT assessment than may have otherwise been possible.

Contact: Bernie McCrory, T + 44 (0) 28 7127 2100
E bernie.mccrory@westhealth.n.i.nhs.uk

Certificate in Cognitive Therapy methods

All participants were successful in completing the 1st certificate course, which had begun in June 07, and have gained a BTEC level four



Course participants Anne Cook, Western Trust and Thady Turbett, HSE Dublin NE

accreditation in Cognitive Therapy Methods. September saw the successful launch of the 2nd of three eighteen-day certificate courses in Cognitive Therapy Methods. A wide range of front line mental health professionals from both sides of the border attended the training, with the statutory, voluntary and community sectors represented. The 3rd and final course will be launched in Jan 08 and will be held in Armagh and Monaghan.

Contact: Diarmuid O'Donnell T + 44 (0) 28 7186 0616 (ext 8596)

E diarmuid.odonnell@westhealth.n-i.nhs.uk

Deliberate Self Harm project



Amanda O'Carroll from Management Development has joined CAWT for one year as Data Registration Officer for the Deliberate Self-Harm project, which will involve establishing a registry of self-harm in the WHSSB area of Northern Ireland. Pertinent information will be collated on the incidence of hospital attendance due to self-harm behaviour at the A&E Departments in Altnagelvin, Tyrone County and Erne Hospitals. The project will link with the work of the Irish National Registry of Deliberate Self Harm, which has been in operation in the Republic since 2000.

Analysing this information will inform the development of policies and shape the implementation of measures aimed at preventing suicide and self harm and the after care that is provided for self harm patients.

Contact: Amanda O'Carroll, CAWT T: 028 7127 2100

E amanda.ocarroll@westhealth.n-i.nhs.uk

End of project event: Renal network project event Feb 2008 (date and venue to be confirmed)

This event will bring together those involved in the project along with stakeholders to mark the end of the EU INTERREG IIIA funding phase of the project and to update on future cross border renal service developments.

Deirdre Keown T + 44 (0) 28 82833388

E dkeown@slt.n-i.nhs.uk

Launch: 2nd Health profile of the CAWT region. Feb 2008 (date and venue to be confirmed)

To launch the 2nd Health Profile of the CAWT region. In addition to updating the previous health profile, this updated version will contain health inequality information to support policy development and service planning in the border region.

Contact: Mary Haughey T: + 44 (0) 28 3741 2499

E mary.haughey@shssb.n-i.nhs.uk

Conference: Children's Services Planning and Information Project

Early 2008 (date and venue to be confirmed)

This project aims to assess the need and plan services for children and young people at a cross border level. The event will update on project developments and outline the GIS system developed to support activities in Children's Services Planning.

Contact: Valerie Maxwell T + 44 (0) 28 3741 4602

E valeriemaxwell@shssb.n-i.nhs.uk

CAWT Development Centre - new staff

Joanne Evans has joined the Administration Team as Personal Secretary to support functional managers within the CAWT Development Centre. Simon Canning has joined the Finance Team as Finance Officer.

Next issue of CAWT in Action – Jan '08

If you have any news, events or items of interest for future editions of *CAWT in Action*, then please contact the CAWT Development Centre:

T + 44 (0) 28 7127 2100 F + 44 (0) 28 7127 2105

E sadie.bergin@westhealth.n-i.nhs.uk